



12 Months of Gardening

February 2018

- February is Heart Month. Not because of Valentine's Day, but because The Heart and Stroke Foundation wants to educate Canadians about heart disease and stroke (and what we can do to prevent them). For example, did you know that house plants can relieve stress as well as reduce heart rate and blood pressure?
- Valentine's Day is just 2 weeks away and we are taking orders for long stem roses. You can also check out our tropical house for everlasting green gift ideas for the ones you love.
- February is also National Bird-Feeding Month. We are celebrating with discounts throughout this month on everything birds! Bird feeders, bird seed and feed and bird baths - it's all about the birds this month! If you feed them, they will come!
- Cut down on the amount of water you give your indoor plants. During the winter months, most house plants require less watering. Plants will benefit from increased humidity, so add a pebble or humidity tray under your potted plants.
- Don't fertilize young seedlings. Wait until the true leaves (the 2nd set of leaves) have appeared and then fertilize with Nutrite 10-52-10 Plant Starter.
- Plan your garden by using graph paper. Plot out your existing yard, make a wish list and then fill in the blanks.
- Place special orders for the seeds that you need so you will have exactly what you want in your garden this year.
- We are receiving daily shipments of hard goods. If you missed out on getting that particular birdbath, statue or bench last year, now may be the time to visit Humber to see what's new!